

25 March 2026

Dear Parents and Carers

We are writing to let you know about a bereavement support group that is starting after the Easter holidays. The sessions will be led by Mrs Daniel (SEND and Wellbeing Family Liaison) who has been trained by Winston's Wish, a charity that focuses on supporting bereaved children.

We understand that the loss of a loved one can have a significant impact on young people, and it is important that they feel supported by school during such a difficult time. This group is designed to provide a safe, supportive space for students who have experienced bereavement.

The sessions will take place in small groups every Thursday lesson 2 for six weeks, allowing students to feel comfortable and heard. Within this space, students will have the opportunity to remember the person who has died, share experiences if they wish, and connect with others who may be going through something similar.

The group will also focus on helping students to:

- Understand and normalise the wide range of emotions that can come with grief
- Express difficult feelings in a healthy and supported way
- Develop coping strategies to manage their emotions
- Build a sense of peer support and reduce feelings of isolation

Students will never be pressured to speak and can engage at a pace that feels right for them.

If you feel that your child might benefit from this support, please complete the online form here to give your consent by Friday 27 March. [KLB Bereavement Support Group – Fill in form](#).

Once consent has been given Mrs Daniel will contact you to confirm when the sessions for your child will begin. If you would like more information or to discuss further, please contact Mrs Daniel jdaniel@klbschool.org.uk.

In addition to the weekly sessions, we will also hold a drop-in service for bereaved students around key dates that are difficult when grieving for example Father's Day, Mother's Day and Christmas. For more information regarding bereavement support for children please visit our website [Bereavement support at KLB - Katharine Lady Berkeley's School](#)

Best wishes



Jane Daniel
SEND and Wellbeing Family Liaison



Chloe Landeg
Equity Lead